



Huseyin Djemil – FCMI, FDAP
Director Towards Recovery CIC &
Green Apple Consulting Ltd

 Green Apple Consulting Ltd

It's not just business, it's personal

I will aim to cover my personal journey
(a scientific sample of one!!)

- **Trauma to Addiction**
- **Addiction to Treatment**
- **Treatment to Recovery**
- **Recovery to Discovery**

Trauma to Addiction

- Substances as the answer,
- Numbing the pain,
- Amplifying the positives (the warm hug), the relationship
- Why isn't everyone doing this?

Addiction to Treatment

- I cant do this no more, leaving the “life” behind
- Stepping into the unknown
- From chaos to order (establishing new routines)
- It wasn't all bad

Treatment to Recovery

- Finding out who I am, was, & want to be
- Developing a new identity, yet still me
- Learning to live again – the bit
community treatment services often
don't have time for

Recovery to Discovery

- *From the “recovery Community” to the wider community*
- *Going back into the addictions field to work with and represent those still struggling to find freedom*
- *The changing world of UK drug & alcohol policy covering harm reduction & recovery approaches*



Questions?



+44 (0)7815 726471

huseyin@towardsrecovery.org

 Green Apple Consulting Ltd